

I. Read the Extract A and Extract B and then answer the questions from 1 to 8:

Extract A: The Big Game

Extract B: The First Day of Practice

1. How does Alex feel at the beginning of the game in Extract A?

Answer: B. Nervous and tense

Explanation: Alex is feeling nervous, as described by his tense muscles and the loud thump of his heartbeat.

2. What is the coach's advice to Alex and his team in Extract A?

Answer: C. Play with pride and for the team, not just for themselves.

Explanation: Coach Thompson encourages the team to play with heart, pride, and as a unit, rather than focusing solely on individual performance.

3. In Extract A, what moment marks the turning point of the game?

Answer: B. Alex scores the winning goal.

Explanation: The turning point is when Alex scores the game-winning goal with seconds left, leading his team to victory.

4. How does Jason feel at the beginning of practice in Extract B?

Answer: B. Nervous and unsure

Explanation: Jason feels nervous but excited, as it's his first day on the team and he's unsure of what to expect.

5. What is Coach's attitude toward Jason's performance in Extract B?

Answer: B. She is encouraging and supportive.

Explanation: Coach is supportive and reassures Jason, telling him that everyone starts somewhere and encouraging him to improve.

6. What is the main focus of the practice session in Extract B?

Answer: C. Basic drills and exercises

Explanation: The focus of the practice is on basic drills, including shooting and passing, as the coach eases the players into the season.

7. In Extract A, how does Alex prove himself?

Answer: A. By winning the game for his team

Explanation: Alex proves himself by scoring the game-winning goal, demonstrating his ability to handle pressure.

8. What does Jason learn by the end of the practice in Extract B?

Answer: C. He has a lot to work on but is improving.

Explanation: Jason realizes he still has much to learn, but he is already getting better and is excited for future practices.

Summary of Answer Explanations:

Extract A centres around the intensity and pressure of a competitive sports game, with Alex overcoming his nerves to score the winning goal.

Extract B presents a more light-hearted and relatable view of starting on a sports team, with Jason learning that improvement comes with practice and encouragement.

II. Read the following Poem and answer the questions from 9 to 14:

The Lonely Star

9. What is the "lonely star" symbolic of?

Correct Answer: B) A person who feels isolated or alone

Explanation: The "lonely star" represents someone who feels alone despite their strength and resilience, burning brightly even when isolated.

10. What does the star's constant glow symbolize?

Correct Answer: B) Persistence and resilience

Explanation: The star's glow symbolizes enduring strength and the ability to stand out despite loneliness or challenges.

11. What is the significance of the moon being gone?

Correct Answer: B) It symbolizes the star's independence

Explanation: The moon's absence suggests the star must shine on its own, symbolizing self-reliance and independence.

12. What does the star do in the poem?

Correct Answer: B) Refuses to fade or sleep

Explanation: The star's determination to keep shining despite being alone is emphasized by "refuses to sleep" and "never fades."

13. How is silence portrayed in the poem?

Correct Answer: B) As a source of loneliness

Explanation: The "silent" night contrasts with the star's brightness, highlighting the loneliness of the star.

14. What does the star's refusal to sleep suggest?

Correct Answer: B) The star is determined to shine despite adversity

Explanation: The star's refusal to sleep suggests resilience and the choice to persist in its light even when alone

III. Read the text below, which consists of six paragraphs (questions 15 – 20).

For questions 15 – 20, choose the option (A – G) which best summarises each paragraph. There is one extra option which you do not need to use.

The Environmental Impact of Fast Fashion

Answers and Explanation:

15 D – *This rapid turnover of clothing encourages consumers to dispose of garments quickly.*
This sentence fits because the passage introduces fast fashion's constant cycle of replacing styles, which leads to increased waste.

16 A – *As a result, many rivers in manufacturing regions have become heavily polluted with toxic chemicals.*
The previous sentence talks about water pollution, and this sentence provides a specific consequence of that pollution.

17 B – *The fashion industry is responsible for around 10% of global carbon emissions.*
This supports the discussion of carbon footprint and quantifies the environmental impact of fast fashion.

18 C – *Some retailers now offer recycling programs, but only a small percentage of clothes are actually repurposed.*
This follows logically because the paragraph discusses efforts to reduce waste, but this sentence highlights the limitations of such programs.

19 G – *However, real change will require stricter regulations and a shift in consumer behaviour.*
This fits well as a conclusion to the paragraph about sustainable fashion, stating that more efforts are needed.

20 E – *Many companies are shifting to eco-friendly practices by using organic materials and reducing waste.*
This provides a hopeful outlook for the future of sustainable fashion and aligns with the theme of the final paragraph.

Extra (Unused) Sentence:

F – *Some experts believe that banning fast fashion would solve all environmental issues related to clothing production.*

This sentence is too extreme and does not fit smoothly into the discussion.

IV. Read the four extracts below and answer the questions 21 – 30, choose the option (A, B, C or D) which you think best answers the question.

Extract 1: Bouncing Back from Failure

Extract 2: Adapting to New Environments

Extract 3: Finding Strength During Tough Times

Extract 4: Overcoming Personal Limitations

Answers and Explanation:

21. Which extract describes the struggle to overcome failure?

A) Extract 1

Explanation: Extract 1 focuses on Ellie's struggle with repeated failures in math and her eventual realization that failure is part of the learning process. She learns to bounce back and work harder after her mother's story.

22. Which extract highlights the importance of adapting to new situations?

C) Extract 2

Explanation: Extract 2 centres around Alex's adaptation to a new town and school. His initial struggle is overcome when he steps outside his comfort zone to work with new classmates, showing how adaptation requires taking chances.

23. Which extract focuses on the strength gained during tough times?

B) Extract 3

Explanation: Extract 3 emphasizes Lena's emotional journey as she faces the illness of her grandmother. She finds strength not by avoiding sadness but by learning resilience through her grandmother's example.

24. Which extract illustrates how a character pushes through personal limitations?

C) Extract 4

Explanation: Extract 4 focuses on Kai's realization that his personal limitations were based on self-doubt, not ability. With encouragement from his coach, he pushes past these limitations, improving his performance in a race.

25. Which extract shows a character finding strength from someone else's example?

B) Extract 3

Explanation: Extract 3 highlights how Lena draws strength from her grandmother's example of resilience, learning how to stay strong during tough times by reflecting on her grandmother's strength.

26. Which extract emphasizes the role of belief in overcoming obstacles?

B) Extract 4

Explanation: Extract 4 emphasizes the role of belief in overcoming personal obstacles. Kai realizes that his limitations were self-imposed due to a lack of belief in his own abilities, and once he believed in himself, he achieved better results.

27. Which extract describes the importance of moving forward, even when things feel difficult?

A) Extract 3

Explanation: Extract 3 describes how Lena continues to find strength even during difficult times, illustrating the importance of moving forward despite emotional challenges.

28. Which extract illustrates a character stepping outside their comfort zone?

B) Extract 2

Explanation: Extract 2 illustrates how Alex steps outside his comfort zone when he introduces himself to new classmates, initiating a project and making new friends despite the unfamiliar environment.

29. Which extract highlights the emotional toll of facing challenges over time?

A) Extract 3

Explanation: Extract 3 highlights Lena's emotional toll as she faces the sadness and worry surrounding her grandmother's illness, demonstrating how long-term challenges can weigh on a person emotionally.

30. Which extract provides advice on developing resilience during challenging moments?

D) Extract 3

Explanation: Extract 3 provides advice on resilience, with Lena learning that resilience doesn't mean avoiding sadness but allowing oneself to feel and still move forward, drawing strength from her grandmother's example.